










Executive Committee & Advisory Board Committee of ESAM
meeting 22nd April 2024
(Observers welcome)

Time: Monday 09:30 – 18:00 CET
Venue: EASA HQ, Koln.

MINUTES
Monday 10:45 – 18:15 CEST

Attendees:

	Declan Maher	President	joining 9:30
	Elena Cataman	Co-Opted Member EC	joining 9:30
	Manuel Michno	ESAM Assistant	joining 9:30
	Roland Vermeiren	Co-Opted Member EC	joining 10:30
	Diederik de Rooy		joining 11:20
	Felice Strollo	Secretary General	joining 11:45 via Zoom
	Ries Simons	Chair AB	joining 14:00
	Anthony Wagstaff	Co-Opted Member EC	joining 14:30
	Cristian Panait	EASA	joining intermittently

1. **Welcome by the President**
 - a. The president welcomed the attendees and gave an overview of the organizational structure of ESAM as well as the current research projects of the organization. The President also highlighted the major collaborations ESAM has with various institutions such as AsMA and referred to the various event formats of the past election period in the organization of which ESAM was involved. Declan also talked about the representation of ESAM at big events in the past election period and future activities
2. **Adoption of agenda**
3. **Draft minutes from the EC meeting in Eurocontrol.**

- a. **ICAM 2026: only one proposal from Turkey:** Declan contacted and proposed full proposal, which he will share with the academy in Chicago → decision on the business lunch can be made → no other locations for ICAM 2026; Turkish presented good ideas; to give the meeting more of an academic touch, academy will assist; Declan expects a lot of activity in Chicago about it
 - b. Roland: discuss everything during lunchtime meeting Thursday in Chicago → **Dr Kadir Eren**
4. **Overview / actions of previous EC meetings**
- a. **New mailing list created**
5. **GA 2024. Oct 05th**
- a. At ICAM. Roland sent the planning around, Saturday lunchtime!
 - b. Important because it sets timeline for nomination committee!
 - c. **ACTION:** tell Lilla as chair of election committee, voting before GA
 - d. **ACTION:** Publish on the website with the agenda and nomination Committee
 - e. Main points on the GA: Treasurers report, declan, advisory board report, academy report → Roland: that should be enough for one hour.
 - f. Limit of 6 years consecutive, breaks count
 - g. Limit of co-opted members: 5
 - h. Felice is happy to continue in EC as Secretary General!
6. **Nominations Committee**
- a. EC Elections 2024. → Lilla as chair of election committee (see **ACTION** above)
7. **ESAM Academy – update:**
- a. basic course. Lithuania and Belgium.
 - i. Ries: Vilnius Course, practical in May, running quite smoothly
 - ii. Ries: Basic course planned in Cologne end of June
 - iii. Another basic course in July, demand is high, fully booked in 11hours
 - iv. Elena: increased remuneration speakers
 - v. **ACTION:** Publish it better on their websites and make it more visible
 - b. advanced course. Belgium in October
 - i. Ries: registration start very soon
 - c. standing invitation from Anthony for Norway
 - d. potential teaching AMEs were discussed by Ries, Elena and Roland
 - i. ESAM EC is nominating members of ESAM Academy Board members
 - ii. **NO ACTION YET:** ESAM EC needs to do nominating work for ESAM Academy Board
 - e. Combined Syllabus.
 - f. Every 2 years ECAM: “Annual ESAM/EASA Workshop for Aeromedical Medicine”
 - i. In Cologne, EASA does hosting, ESAM does program, max 200 people
 - ii. Specific for ESAM AMEs
 - g.
8. **AsMA meeting and collaboration.**
- a. Chicago May 2024 Plans
 - i. Wednesday Lunchtime meeting. Declan explains the digital infrastructure

- ii. Declan: Bring along something of your nationality with you
- iii. Request of beverages (2 gallons coffee/1 gallon tea) still pending due to communication problems
- iv. Poster → Paco's daughter created poster that stands in the general reception area, could also be used on the screen as a PDF
- v. Declan chair of presentations:
(20mins presentation + 10mins discussion each):
 - 1. Paco: Future trends in human performance
 - 2. Dave Fielding: Collaboration between AMEs and the pilot community
 - 3. Anthony & Diederik on MESAFE and the collaboration between AME and Mental Health Professionals
 - 4. Ries Simons: PACE Cardiology Research
Four Presentations, seek support from Francois and Manu regarding a poster for the meeting and have the meeting highlighted to the general attendees. We need a title and logo. DONE
- vi. AsMA ESAM Exec Lunch Thursday
 - 1. Payment? Not ESAM, not this year!
 - 2. Lisboa
 - 3. Istanbul
- vii. Wednesday EC Meeting: 10am; before EAMAC
- b. Representation.
- c. Elena: Physiology questionnaire: pilots answers correlated with opinions of aeromedical experts; data can be used to create article and revitalize discussion of need on practical training e.g. in hypoxia
Elena will start working on the comment article and stresses the importance of Hypoxia training; Elena, Roland, Ries and Anthony discuss hypoxia training;

9. **EASA**

- a. MEG #24 Meeting Report
 - i. Declan: opinion 05/2023: removal of Aeromed 330 protocol! Existing protocol continues for people already in it
 - ii. also age limit shifted from 60 to 65
 - iii. transfer of license issue; student pilots can transfer from one state to another
 - iv. presentation given on cardiovascular disease
 - v. blue light hazard on the flight deck from the point of view of circadian rhythm
 - vi. EASA research topics: cardiovascular research, mental health research outcome, diabetes in air crew will be due in 2025, color vision still for tender, high altitude operations and sleep apnea still for future
 - vii. presentation about article 74: start next year to incorporate data from national health systems automatically transferred to data systems held by EASA. Concerns were raised: replace EAMR? Access to data? how many medical experts have been involved? What experience do they have transferring the data? Who's already using this software? Where and how will the data be stored and for what duration?
→ Declan is not aware of any answers to that questions

- b. SAB Report SAB :
 - i. Roland: nothing special to report, always I sent the report to EC AB mail group; no typical medical points; pass of EPAS (already sent via Mail too); Roland talked about the most important changes with EPAS
 - ii. still wait one or two years for the results of the diabetes and cardiovascular working group
 - iii. Future research project on color vision (DLR and Claudia Stern?!)
 - iv. Roland stresses the importance of ESAM representatives got put into technical SAB subgroups in commercial aviation, general aviation, ATM, helicopter, drones
 - c. Research Projects: see above; single pilot already sent around by Roland
10. **Report from Moldova Mental Health Working Group Meeting**
11. **ICAO**
- a. Air Navigation Committee
 - b. Medical Specialists Working Groups
 - c. Liaison Officer.
12. **Officer Reports:**
- a. Comms Director
13. **ICAM 2024 → Roland reports:**
- a. Organising Committee.
 - i. Roland: already sent Rui Pombals work around via mail, good work,
 - ii. Reception in Aula Magna
 - iii. transport for gala dinner with bus towards Mafra is free
 - iv. visits to the military and AeMC of TAP
 - v. catering is organized
 - vi. registration at the moment 127 comparing with 23 for paris at the same time
 - vii. cooperation with brazil and spain is very beneficial, so number of participants in Paris could be exceeded
 - b. Scientific Committee → Roland already sent Email
 - i. 3 days map of different parts of the meeting
 - ii. little lack of spontaneous abstracts
 - iii. abstract submission maybe prolong it to 20th June
 - iv. no French session
 - v. **ACTION:** Post that ESAM will sponsor 25 students, first come first serve; Declan stresses the need of a transparent process of selecting otherwise
 - vi. **ACTION for President:** Call in your Chevalier nomination committee, maybe give Claudia a hint, ask Claudia for evaluation process; also ask when in the program its suitable to give the chevalier, probably ask for Gala dinner
 - c. Next steps
 - i.
14. **Executive Committee**
- a. Officers – Statutes and tasks
 - b. Visibility to Member Associations.

- i. Proposal Roland: ESAM website part of EAMAC closed and open part because ESAM in need of email addresses: maybe work with EAMAC to get the E-mail addresses of the AMEs.
 - ii. After that the newsletter could be only links to the website and super short and condensed
- c. Providing AME Refresher Training and National Meetings.

15. **ESAM Business Plan Meeting**

- a. Roland: Business plan was fixed in Dublin. Now it's critical to go from high level business plan to concrete tasks → extract and work on weak points; strong points only occur from people taking care of it!
- b. Declan: AsMA has statues and manual with the specific tasks for every person in the committee → ESAM should think about assigning the weaknesses to tasks to members of the Executive Committee
- c. Elena: improve communication to fulfill business plan, prepare new team of executive committee, spread the work on some shoulders; we need to bring news from EC/AB to the members
- d. Anthony: ESAM statutes are as clear as AsMA statutes, so it just needs to be enforced (from text to actions)
- e. Declan shows the elements of responsibility he created for all the officers → it needs to be implemented
- f. Roland: in AsMA overview by the council, maybe need something similar?!
- g. Roland: all scientific meetings ask people to put down their email addresses
- h. **ACTION:** during registration for Lisboa take email addresses to send the newsletter
- i. Moving forward with the training, which is very good! Good relations with EASA, because people where in charge of specific tasks and responsibilities

16. **EAMAC Report (also see 14)**

- a. Roland: Potential EASA-EAMAC-ESAM triangle of close relationships
 - i. Give EAMAC space on ESAM website to reach out for members
 - ii. **ACTION:** Cristian: most Emails of AME's are open available at their member states → maybe 4 newsletters per year
 - iii. More access to the individual mailaddresses
- b. Maybe create a manual for guidance → quality needs to be well established and therefore you need very critical readers
 - i. Declan: Million of man hours go into creating this in the United Kingdom; is ESAM able to do it ?
 - ii. Declan: Maybe just focus on areas in need rather than trying to do everything ! Creation of a textbook is not the goal!
 - iii. **ACTION:** Declan and Elena should discuss this with EAMAC members
- c. Roland: reactions to EASA inspections and behavior, which is sometimes seen as far away from daily reality; in the EAMAC meetings the agenda should be controlled by medical assessors, which could restore the balance with the MEG

- d. Elena: drugs and alcohol procedure are not standardized and very different throughout the European Union → authorities have good reason to standardize it, to ensure safety. Elena stresses to maybe not harmonize completely but just make it all safe to a certain level.
 - e. Diederik: Reality is that pilots get there certification in other countries than their nationality and/or country of the AME
17. **Advisory Board Report**
- a. Current Status and short-term plans
 - b. CoE group on Training and Physiology
18. **IAASM Report**
- a. Introduction of affiliate, two categories:
 - i. Young person who wants to become part of the academy and/or aeromedical field in the future
 - ii. Someone specialized into something that brings him into the aeromedical field
19. **AOB**
- a. Circle of Experts:
 - i. Ries describes his problems in finding people willing to work on several projects; maybe more precise/smaller questions, which require less work
 - ii. Roland: Maybe collaboration with working groups of EAMAC doing similar things could be beneficial
 - iii. Anthony: solve the problem of motivating people: maybe organizing “mini-conference” as a real workshop that should end up with a paper. Maybe ESAM can support with a little bit of funding to do these mini conferences in nice locations
 - b. Paco sent to Roland, that he is happy to be part of ESAM speaker team; letter of information to the national associations; when term has ended, he s willing to take part as co-opted / special advisor;
ACTION: Declan answers Paco the great appreciation and informs him about his role as special advisor
 - c. **ACTION for president over the summer:** Link position description of ESAM officers with the business plan to create liabilities; also introduce an annually report, to see what officers achieved over the year; can also act as guidance material for president elect
 - d. Dr. Sharma (won the poster in Prague) can attend ICAM for free
 - e. Declan explains the change of contract of the ESAM assistant to the EC. The EC confirms the changes.
 - f. Proposal of 2 yearly ECAM with EASA
 → see 20.d
20. **Next meeting of the EC 2024**
- a. AsMA Chicago Wednesday May 8th morning 10am
 - b. In advance of GA at ICAM: 30th / 31st of August Rome
 - c. GA: Oct 5th in Lisboa during ICAM
 - i. **ACTION:** Felice will ask for venue in Rome

- d. Year between ICAMs: ECAM organized by ESAM
“2 yearly ESAM/EASA Workshop for Aeromedical Medicine”
- i. Proposal was talked about with Cristian.
 1. Budget solution: Have to find consecutive days in the biggest meeting room in EASA Cologne, that fits 250 people; estimation: 80€ per day covering all the meals; additional money for marketing/leaflets/etc.;
 2. externally: EASA can help with people but not with money
 3. **ACTION:** Cristian double checks Rolands proposal: ESAM pays EASA the 80€ off and then organizes the program
 - ii. In Cologne, EASA does hosting, ESAM does program, max 200 people
 - iii. Specific for ESAM AMEs

ESAM/EC/AB